



Dear Parent or Guardian,

Plymouth Public Schools partners with Care Solace to support the well-being of students, staff, and their family members. Care Solace is a confidential care coordination service that can help you quickly find mental health or substance use treatment options. These providers are matched to your needs regardless of circumstance at no cost to you.

If you would like to use Care Solace to help you find a provider:

- Call **888-515-0595** available 24/7/365 in any language
- Visit **www.caresolace.com/plymouth** and either search on your own OR click "Book Appointment" for assistance by video chat, email, or phone.

If you would like the Plymouth Public Schools to make the referral on your behalf please provide the following information as well as your written consent below.

Please note that Care Solace is not an emergency response service or mental health service provider. In the event of a life threatening emergency, call 9-1-1 or the National Suicide Hotline: 1-800-273-8255.



Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

School: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_