

## Transportation

Bonanza Bus Line	888-751-8800
Habilitation Assistance Corporation/Access Express	508-746-5715
GATRA (Business Office)	800-483-2500
Nathan Hale Foundation (Veterans Services)	508-747-2003
Plymouth and Brockton Bus	508-746-0378
Plymouth Area Link (GATRA)	508-732-6010
Fares:	Adult \$1.00
	Student \$0.50
	Elderly/Disabled \$0.50
	Children FREE

## Community Resources and Services

### Information you may need to provide:

- Government issued ID such as a license, Massachusetts ID car, passport, etc.
- Ages of all family members living in the household
- Household income verification— recent pay stubs, SSI income award letter, copy of unemployment benefits, etc.
- Verification of town or county residence.

**PLEASE CALL BEFORE GOING TO ANY LISTED ORGANIZATION!**

\*Every effort has been made to ensure information is correct and accurate. For any corrections or additions can be sent to: [cklopper@familycontinuity.org](mailto:cklopper@familycontinuity.org)

[www.CapeCodFamilyResourceCenter.org](http://www.CapeCodFamilyResourceCenter.org)

The **Cape Cod Family Resource Center**, a Massachusetts Resource Center, and program of Family Continuity.

The **Cape Cod Family Resource Center** serves all families regardless of insurance, income, or family status. We cover Cape Cod, as well as Southeastern Massachusetts, including Plymouth, Wareham, Bourne, Buzzards Bay.

We offer:

- **Parent Education & Support**
- **Information & Referrals**
- **Child and Youth Assessments**
- **Assistance Navigating Resources**

**Cape Cod Family Resource Center**  
29 Bassett Lane  
Hyannis, MA 02601  
508-862-0600



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# Guide to Plymouth Community Resources

A publication of  
Cape Cod Family Resource Center



## Emergency Information

<b><u>Police</u></b>	<b><u>911</u></b>
Non-Emergency	508-830-4218
<b><u>Fire</u></b>	<b><u>911</u></b>
Non-Emergency	508-830-4213

### **Poison Control Hotline**                      **800-682-9211**

Beth Israel Deaconess– Plymouth	508-746-2000
DMH Mental Health Crisis Line	800-469-9888
Plymouth Office of Emergency Management	508-833-5801

## Schools

Plymouth North High School	508-830-4300
Plymouth Alternative High School	508-224-5057
Plymouth South High School	508-224-7512
Plymouth Community Intermediate School	508-830-4450
Plymouth South Middle School	508-224-2725
Cold Spring Elementary School	508-830-4335
Federal Furnace Elementary School	508-830-4360
Hedge Elementary School	508-830-4340
Indian Brook Elementary	508-830-4370
Manomet Elementary	508-830-4380
Nathaniel Morton Elementary	508-830-4320
South Elementary	508-830-4390
West Elementary	508-830-4350
Mt. Pleasant Preschool	508-830-4347
Plymouth Public Schools Central Office	508-830-4300
School Meals Program	508-830-4474

## Legal Services

Consumer Credit Counseling Services	800-392-6066
Consumer Assistance Council	508-771-0700
Disability Law Center	800-872-9992
Mass. Advocates for Children	617-357-8431 Ext. 224
Mass. Legal Assistance Corp.	800-392-6164
Mass. Office of Disability	800-322-2020
South Coast Legal Services	508-775-7020

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## Community Resources

Alcoholics Anonymous	508-746-5611
Dept. of Early Education and Care	617-988-6600
Dept. of Children and Families	508-732-6200
Early Intervention (KDC)	508-747-2012
Food Source Hotline	800-645-8333
Plymouth Family Network	508-830-4444
Plymouth Career Center	508-732-5300
Plymouth Council on Aging	508-830-4230
Professional Babysitter's Referral Services, Inc.	781-582-1691
Plymouth Family Planning	508-746-8353
South Shore Community Action Council	508-747-7575
Woman's Resource Center	888-746-2664

## Financial Assistance

Social Security Office	877-444-6898
Dept. of Transitional Assistance (DTA)	508-732-3100
Unemployment Insurance	508-732-5300
SNAP Benefits	866-950-3663
Veterans Benefits	800-827-1000
WIC	508-747-4933

## Health Insurance

Mass. Health Connector	877-623-6765
BMC Healthnet	800-792-4355
MassHealth	888-665-9993
Healthy Start (Prenatal Care)	888-665-9993
Medicare	800-633-4227

## Mental Health Resources

Baystate Community Services (Area Community Service Agency)	508-830-3444
Kennedy Donovan Center	508-747-2012
Family Ties of Massachusetts	800-905-8437
Dept. of Mental Health	508-732-3000
Plymouth Center for Behavioral Health	508-830-0012
South Bay Mental Health	508-830-0000
Bayview Counseling	508-830-1630

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## Parenting Resources

24-Hour Parental Stress Hotline	800-632-8188
Big Brother, Big Sister	508-587-4242
Boys and Girls Club	508-746-6070
Healthy Families	508-747-2012
Manomet Youth Center	508-224-3359
Parent Child Home Program	508-830-4444
Plymouth Family Network	508-830-4444
Parent Connection	theparentconnection.org
Plymouth Public Library	Main Branch 508-830-4250 Manomet 508-830-4185
Plymouth Recreation Dept.	508-830-4110
South Shore Early Education	508-746-0333

## Special Needs and Education

The ARC of Greater Plymouth	508-732-9292
The Disability Law Center	800-872-9992
MASSTART (Technology Assistance)	508-747-3521
Mass. Commission for the Deaf and Hard of Hearing	800-882-1155
Educational Advocates of Southeastern MA.	508-747-7575
Mass. Association for Parents of Visual Impairments	978-897-3005
Permanent Supportive Housing	800-475-8455
South Shore Visiting Nurse Association	781-849-1710

## Housing

Housing Solutions	781-422-4200
Habitat for Humanity	508-866-4188
H.U.D. Office of Fair Housing Enforcement	800-347-3735
H.U.D. Housing Discrimination	800-669-9777
Rural Development (low interest loans)	508-295-5151
Plymouth Housing Authority	508-746-2105
South Shore Community Action Council	508-747-7575
Plymouth Community Development Office	508-747-1620 Ext. 150
Plymouth Redevelopment Authority	508-747-1620 x147
Plymouth Area Coalition for the Homeless	781-582-2010

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